



Classes, Screenings & Support

Stop Smoking

Call Caryn at 547-0125 and ask about our "Freshstart" Quit Smoking Clinics, a program of the American Cancer Society. Clinics are typically held every other month.

Registration Deadline: March 1st • PCMH Education Room

Tuesday, March 2 • 5:00 – 7:00 pm
Thursday, March 4 • 5:00 – 7:00 pm
Tuesday, March 9 • 5:00 – 7:00 pm
Thursday, March 11 • 5:00 – 7:00 pm

Free Screening Mammograms

Call Shelley Poole, RN, at 547-0392 for qualification info for women aged between 40-64. This free screening program is made possible by the Hospital and grants from the Greater Evansville Affiliate of Susan G. Komen for the Cure and the Indiana Breast Cancer Awareness Trust.

Digital Mammography

We now offer state-of-the-art digital mammography to provide our patients with the highest quality of care in the prevention and early detection of breast cancer.

Blood Pressure & Glucose Screenings

Call Perry County Home Health at 547-7011 for more info.

Thursday, Mar. 4 • 9:00 – 11:00 am • Holiday Foods, Santa Claus
Tuesday, Mar. 9, 23 & 30 • 8:30 – 10:00 am • Walmart, Tell City
Thursday, Mar. 11 • 9:00 – 11:00 am • Twilight Towers, Tell City
Wednesday, Mar. 17 • 9:00 – 11:00 am • Dale Library, Dale

Blood Pressure, Glucose & Total Cholesterol Screenings

Call Caryn at 547-0125 for more information. For most accurate results, fasting for 10-12 hours is recommended before screenings.

Wed., March 17 • 9:00 – 10:00 am • Bandon Tavern, Bandon
Thurs., March 18 • 8:00 – 10:00 am • Stein's Garage, Inc., Lamar

Childbirth Classes

Pre-registration is required. Call Kasey Gaynor, RN, at 547-0217. For voice mail, include your name and phone number. Breastfeeding classes are offered as needed.

Saturday, March 27 • 8:30 am – 2:00 or 3:00 pm

Cost: \$30 (FREE to patients delivering at PCMH)

Tri-State MS Association Support Group

Call toll free at 1-800-514-4312 for more information.

Tri-County Support Group for Parents & Friends of Children with Special Needs

Call Marcia Dauby at 547-5771 for more information.

Sleep Lab For Sleep Disorders

Ask your physician for a referral to the new Sleep Lab equipped with private bedrooms and latest technology. Our services are covered by most insurance plans.

Sleep Disorders Support Group

Call Respiratory Therapy at 547-0313 for more info.

"Sleep Disorders and Effects on the Body: From a Personal Perspective"

Speaker: Dr. William Marcrum

Monday, March 8 • 6:00 pm • PCMH Conf. Room C

Gift Shop

Staffed by our Auxiliary volunteers, our Gift Shop is open from 9:00 am – 4:00 pm.

Auxiliary

Call 547-0153 for more information on volunteering your time and skills at PCMH.

Direct Dial Departments

Admitting.....547-0120
Business Office & Billing.....547-7011
Cardio / Pulmonary Services.....547-0313
Community Outreach & Wellness.....547-0125
Diabetes Education.....547-0145
Home Care Services.....547-7011
Laboratory.....547-0345
Marketing & Customer Relations.....547-0248
Occupational Therapy.....547-0320
Physical Therapy.....547-0320
Radiology & Xray.....547-0185
Sleep Lab.....547-0313
Social Services.....547-0152
Specialist Clinics.....547-0145
Speech Therapy.....547-0309
Switchboard.....547-7011

PCMH Specialists Clinics

Dates subject to change.
Call **547-0145** for more info.

Cancer Treatment Center

Jewraj Maheshwari, MD
Hematologist/Oncologist

Dattatraya Prajapati, MD
Hematologist/Oncologist

For information, call 547-0106.
March 2, 9, 23

Cardiology

Phillip Behrens, MD, FACC
For appointments, call 1-800-264-3278.
Tell City Clinic and daily rounds at PCMH

Neurology

Randy Cox, MD
March 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Orthopaedics

Anwarul Quader, MD • March 5, 19, 26

Otolaryngology

Mark Logan, MD • March 10, 24, 31

Urology

Phillip Gilson, MD • March 11, 25

PCMH  Perry County
Memorial
Hospital

Conveniently located in the center of your life.

pchospital.org

1 Hospital Road ■ Tell City, IN 47586 ■ 812.547.7011

PCMH's Fully Accredited Laboratory is equipped with the latest technology and a 24-hour lab staff. Outpatient testing services include: Chemistry • Immunochemistry • Hematology • Coagulation • Serology • Microbiology • Virology • Blood Banking and Transfusion Services • Urinalysis • Microscopy • Pathology